## **Zumba Classes**

Thursday Nights 6:30 PM

## Lebanon Fire Safety Complex Goshen Hill Rd Lebanon Ct

Come get fit with us at the Lebanon Fire Safety Complex

Lots of fun, great moves, good music, and plenty of laughs.

Zumba Licensed Instructor Kristen Cropley



Time:

6:30 to 7:30 PM

Where: Lebanon Fire Safety Complex Goshen Hill Rd Fire Complex

When: Thursday Nights 6:30.

Fee:

\$7.00 walk-in fee or buy a punch card

\$25.00 for five classes with punch card

For more info contact Sandra Tremblay 860-642-4085 Stremblay@lebanonct.gov. . Email

## **Lebanon Recreation Zumba Registration Form**

April thru August 2016

Name:

Street & City:

Five Class punch card \$25. .

Home Phone:	Work Phone		Cell Phone:
Email:			
Please include your e-mail so	we can put you on a distribution l	ist.	
Signature	ature		2:
Current medication, allergies and conditions:			
Lebanon Fire Safety Complex			
5 Classes of hypnotic Latin rhythms and easy to follow moves.			
Join Kristen Cropley in cooperation with the Lebanon Recreation			
HOW TO REGISTER:			
Town Hall Recreation Office walk-in Email: <u>Stremblay@lebanonct.gov</u> .			
Mail to:			
Lebanon Recreation Dept.			
579 Exeter Rd Lebanon, CT 06249 Phone 642-408			
5 <u>Classes</u> : \$25.00 with punch card			
Walk in Fee: \$7.00 Time: 6:30 pm to 7:30 pm			
CHECKS PAYABLE TO LEBANON RECREATION COMMISSION.			
Amount Paid \$	(Check one) [ ] Cash	[ ] Check #	
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